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## OUTREACH PROJECT PROPOSAL

### TITLE:

### **Nursing with a Heart: A Gift-Giving Program for the DSWD-CAR The Regional Haven and the Northern Luzon School for the Visually Impaired**

#### A. Brief Description/or rationale of the Outreach Activity/Service:

“Truly, with love, nothing is impossible.”

As the Christmas season rolled in, each of us at the Nursing Service Department felt the breeze of love, kindness, and generosity sweep through. So for the month of December, the SLU-SHMC Nursing Service Department, together with partner organization SLU- Nursing Alumni Association, prepared a series of gift-giving programs for children of the DSWD-CAR, The Regional Haven, and the Northern Luzon School for the Visually Impaired.

The Nursing Service Department truly believes that alternative gift-giving activities, such as donation hygiene kits, gift fairs, and toy exchanges, offer youth and children a way to give back to their communities while learning valuable Christian Spirit and Social Involvement skills. **This outreach activity is aligned with the Catholic Education Association of the Philippines CEAP-JEEPGY advocacies and the CICM Thrust. Specifically through transformative health education grounded on Engaged Citizenship, Gender Sensitivity and Youth Empowerment.**

The above-mentioned activity and program are aligned with the UN Sustainable Development Goals (SDG's) and CICM Advocacies. **Specifically through dealing with specific vulnerable conditions and diseases and supporting their community (SDG 3, Good Health and Well-Being), and provision of access and support to the progression of women (SDG 5, Gender Equality).**

This community outreach program is sustainable way of introducing the importance of health such as infection prevention and control and self-care practices based on the collaboration between healthcare workers such as Hospital Nurses, youth, and vulnerable children, taking the form of a knowledge bridge. The conduct community services is about building rapport, relationship, and linkages to the community. Since mission and service are at the core values of Saint Louis University, it is very significant that the neighboring community with vulnerable population shall benefit from the community outreach programs conducted by the Hospital. Finally, every program such as this proposed activity shall be evaluated immediately to find out its strengths and weaknesses and to address all the problems encountered before, during, and after the outreach using the impact evaluation approach.



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The Impact Evaluation Cycle shall be utilized by the team. It is based on the idea of Evaluation process from QCOSS Community Door e-training which was adopted by the Nursing Service Department by making it as a cycle of development in conducting a community outreach program at SLU-SHMC. **The impact evaluation involves the questions: (1) To what extent are desired changes occurring? (2) Who is benefiting or not benefiting from it? (3) What seems to work and not work? (4) What are unintended Outcomes? On the other hand, the QCOSSS Community Door e-training has four phases impact evaluation which the Hospital Nurses adopted it as a cycle of development. See Figure 1 for the steps to be followed.**

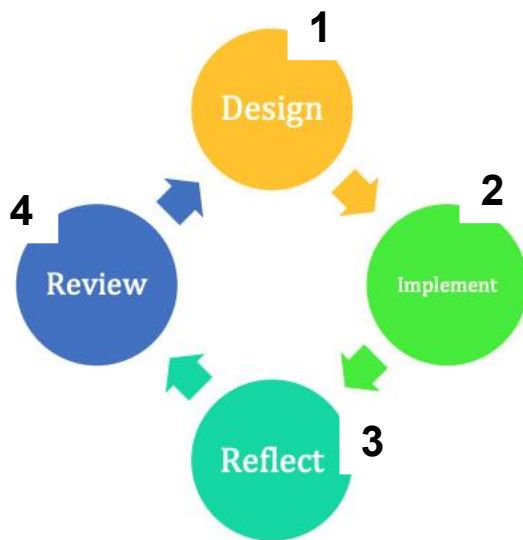


Figure 1. Phases of Impact Assessment

**Table 1. Post-activity Comments and Suggestions of the Chosen Institution, Beneficiaries, and Nurses**

#	Comments and Suggestion



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**II. Target Group: Vulnerable Children, Visually Impaired Children**  
**12 Children at DSWD-CAR The Regional Haven**  
**25 Children at Northern Luzon School for the Visually Impaired**

**B. Date of Implementation: December 7, 2022, 9-12PM**

**C. Objective, Activities, Outputs, Personnel and Budgeting:**

<b>Objective</b>	<b>Activities</b>	<b>Outputs</b>	<b>Personnel</b>	<b>Budget</b>
Promote Hygiene and Self-care	1. Hygiene and Self-care measure shared by IPC Nurse and Hospital Nurses		Nurses NSD Staff	Php 500
	2. Giving of Hygiene Kits		Nurses NSD Staff	Php 5, 000
	3. Handwashing and Hand hygiene promotion		Nurses NSD Staff	Php 500
2. Imbibe christian spirit through gift giving and socialization	1. Prayer/ Reflection Facilitate a gift-giving 3. Facilitate Merienda and Games	Christmas Gifts given to each child/women	Nurses NSD Staff	Php 15, 000
3. Strengthen Nurses' and NSD Personnel creative participation in the promotion of social values and impact to them that true selflessness do exist.	Conduct Pre and Post Activity Virtual Debriefing for the Organizing Team by a Registered Psychologist	Pre and Post Debriefing Report  At least 2 Nurse Representative per Unit	SLU-Guidance Center/ Invited Speaker  Nurses NSD Staff	Php 2, 000
4. Participate in an outreach	Selection of Nurse	At least 2 Nurse Representative		



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work that will enable nurses learn the true meaning of the celebration of Christmas	participants and Nursing Team.	per Unit  Voluntary donation from NSD Personnel		
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**D. Line Item Budget:**

BUDGET ITEM	PARTICULARS	SUBTOTAL	ESTIMATED COST
Cooperating Costs			1, 100
1.1 Supplies	1.1.1. Tarpaulin	500	800
	1.1.2. E-poster	0	
	1.1.3. Hygiene and Self-care Brochure	300	
1.2 Communication	1.2.1. Bond-paper	50	50
1.3 Documentation	1.3.1. Camera Battery	250	250
Travel Costs			1, 000
2.1 Fare	2.1.2. Gasoline for the Van	1, 000	1, 000
2.2 Gifts and Hygiene Kits Contents	2.3.1 Gifts (300/participant )	12, 000	20, 000
	Hygiene Kit Content (200/pax	8, 000	
<b>TOTAL BUDGET</b>			<b>22, 900</b>

**E. Source of Funding: (Format):**

Counterpart of the University	Counterpart of the Outreach Group*	Counterpart of the Target Group	Other Source/s of Funding	Total
Transportation, Hygiene Kits c/o SLU-SHMC	Gifts in kind or cash from voluntary donations Php 5, 000  Documentation Expenses	Venue Program Materials	Saint Louis University-Nursing Alumni Association International:  Hygiene kits contents, Christmas gifts in kind.	Php 5, 000, plus Gifts in kind/cash.

*[Signature]*  
**Dr. Aldren R. Remon, RN, CHA** /  
 Outreach Group Leader  
 SLU-SHMC Nursing Service Department

*[Signature]*  
**Mrs. Rishiela Miranda**  
 Chair, Community Outreach  
 SLU-Nursing Alumni Association International



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